

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	383	TOM CHARLES	M	MV40	CHORLTON RUNNERS	00:24:59	00:24:59		1	1	1
2	293	NICHOLAS BARRY	M	MSEN	SALE HARRIERS MANCHESTER	00:25:29	00:25:29		2	1	1
3	386	DOM CARTER	M	MSEN	YORK POSTAL HARRIERS	00:26:43	00:26:43		3	2	1
4	159	JOSHUA HOURIHAN	M	MSEN	STOCKPORT HARRIERS & AC	00:27:17	00:27:17		4	3	1
5	278	ANDREW HANEY	M	MV50	CHORLTON RUNNERS	00:28:09	00:28:08		5	1	2
6	306	DANIEL COTTLE	M	MV45	PRESTWICH AC	00:28:22	00:28:21		6	1	1
7	269	TIM GREENALD	M	MV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:28:53	00:28:52		7	2	1
8	28	RYAN EVANS	M	MSEN		00:29:10	00:29:05		8	4	
9	402	PAUL RICHARDSON	M	MSEN	PRESTWICH AC	00:29:21	00:29:21		9	5	2
10	24	OLIVER LOWTH	M	MSEN	RUNTHEWORLD MCR	00:29:35	00:28:57		10	6	1
11	376	GARY SCOTT	M	MV45	CHORLTON RUNNERS	00:29:48	00:29:46		11	2	3
12	279	KATHERINE FITZPATRICK	F	FSEN	CHORLTON RUNNERS	00:30:04	00:30:02	1		1	1
13	465	LAURIE LUSCOMBE	M	MSEN	LIVERPOOL HARRIERS & AC	00:30:14	00:30:13		12	7	1
14	57	CALLUM DINSDALE	M	MSEN	HYDE VILLAGE STRIDERS	00:30:23	00:30:19		13	8	1
15	289	JIM CARTER	M	MV50	YORK POSTAL HARRIERS	00:30:35	00:30:35		14	3	2
16	355	MICHAEL MCAVOY	M	MSEN	LIVERPOOL RUNNING BUGS	00:30:36	00:30:36		15	9	1
17	252	JAMES HARTSHORNE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:30:38	00:30:37		16	2	1
18	305	JONATHAN JONATHAN MILES-STOKES	M	MV40	PRESTWICH AC	00:30:46	00:30:43		17	3	3
19	356	DANIEL KENNY	M	MSEN	SALFORD HARRIERS & AC	00:30:51	00:30:51		18	10	1
20	126	CALLUM SHORT	M	MSEN		00:30:55	00:30:52		19	11	
21	197	JENNIFER BADGER	F	FSEN	PRESTWICH AC	00:30:59	00:30:57	2		2	1
22	314	LEO LOUGHRAN	M	MV45	BELLE VUE RACERS	00:31:01	00:31:01		20	3	1
23	282	JOHN ASHURST	M	MV45	CHORLTON RUNNERS	00:31:04	00:31:02		21	4	4
24	342	STUART NIXON	M	MV40	PRESTON HARRIERS	00:31:14	00:31:08		22	4	1
25	236	DAN MACAFEE	M	MSEN		00:31:26	00:31:24		23	12	
26	418	CHRIS BECK	M	MSEN	PRESTWICH AC	00:31:49	00:31:45		24	13	4
27	136	NICK WILLISHER	M	MV55		00:31:57	00:31:53		25	1	
28	440	LUKE HART	M	MSEN	LIVERPOOL RUNNING BUGS	00:31:59	00:31:59		26	14	2
29	249	CHRISTOPHER HEATON	M	MSEN		00:32:06	00:32:04		27	15	
30	210	DAVID NUNNERLEY	M	MV40	LYMM RUNNERS	00:32:09	00:32:04		28	5	1
31	211	IAN HEWITT	M	MV45	LIVERPOOL RUNNING BUGS	00:32:24	00:32:20		29	5	3
32	373	HEATHER TOMLINSON	F	FSEN	BOLTON UNITED HARRIERS & AC	00:32:39	00:32:36	3		3	1
33	139	PAUL JOHNSON	M	MV55	PARR BRIDGE RUNNERS	00:32:47	00:32:41		30	2	1
34	196	MICHAEL LEES	M	MSEN	PRESTWICH AC	00:32:53	00:32:48		31	16	5
35	263	MATTHEW HIGGINS	M	MSEN	SALFORD METROPOLITAN AC	00:32:55	00:32:52		32	17	1
36	370	CHRIS DAVIES	M	MSEN	PRESTWICH AC	00:32:58	00:32:54		33	18	6
37	405	PETER GRAVES	M	MSEN		00:33:09	00:33:06		34	19	

38	264	ADAM FRANCE	M	MSEN		00:33:16	00:33:14	35	20	
39	15	JAMES BAILEY	M	MV40		00:33:29	00:33:26	36	6	
40	243	STEPHEN WHITE	M	MSEN	OLDHAM & ROYTON H & AC	00:33:34	00:33:31	37	21	1
41	266	RYAN MORONEY	M	MSEN	CHORLTON RUNNERS	00:33:36	00:33:30	38	22	5
42	130	JULES SEDDON	F	FV45		00:33:40	00:33:38	4	1	
43	127	EMILY SHORT	F	FSEN		00:33:47	00:33:44	5	4	
44	29	ROBERT ELSTONE	M	MV60	BRAMHALL RUNNERS	00:33:48	00:33:45	39	1	1
45	237	COLIN ROYLE	M	MV40	CHORLTON RUNNERS	00:33:48	00:33:41	40	7	6
46	295	PETER BROWN	M	MV55	SALFORD METROPOLITAN AC	00:34:01	00:33:58	41	3	2
47	220	NELLIE CHADWICK-SMITH	F	FSEN	MANCHESTER ROAD RUNNERS	00:34:03	00:33:58	6	5	1
48	221	TOM GATHERCOLE	M	MSEN		00:34:03	00:33:58	42	23	
49	285	MIKE KINNEAR	M	MV45	BRAMHALL RUNNERS	00:34:10	00:34:05	43	6	2
50	97	AMANDA HURNDALL	F	FV50	SALFORD METROPOLITAN AC	00:34:19	00:34:17	7	1	1
51	401	KEVIN RUSSELL	M	MV45	SALFORD METROPOLITAN AC	00:34:29	00:34:26	44	7	3
52	258	ALAN KENNEDY	M	MV60	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:34:32	00:34:28	45	2	2
53	414	CHRIS PERCIVAL	M	MV50		00:34:33	00:34:28	46	4	
54	272	AMANDA ARMSTRONG	F	FV40	PRESTWICH AC	00:34:35	00:34:29	8	1	2
55	245	ALEXANDER HARPER	M	MSEN		00:34:43	00:34:32	47	24	
56	251	GARETH WEBB	M	MV65	HORWICH R M I HARRIERS	00:34:46	00:34:46	48	1	1
57	188	JAMES STANLEY	M	MV50	LIVERPOOL RUNNING BUGS	00:34:48	00:34:39	49	5	4
58	456	JACK HOWARTH	M	MSEN	GINPIT FLYERS	00:34:50	00:34:33	50	25	1
59	442	IAN ROBERTS	M	MV50	MONTON RUNNERS	00:34:50	00:34:40	51	6	1
60	463	THOMAS HOWARTH	M	MSEN		00:35:06	00:34:50	52	26	
61	234	JON HOWARD	M	MV55		00:35:08	00:35:05	53	4	
62	411	DAVE CLARKE	M	MV55	PRESTWICH AC	00:35:13	00:35:07	54	5	7
63	118	BEN LAWLESS	M	MSEN		00:35:15	00:35:04	55	27	
64	17	KELSEY HENDERSON	F	FSEN		00:35:22	00:35:13	9	6	
65	443	MATTHEW HILL	M	MSEN	SALFORD METROPOLITAN AC	00:35:22	00:35:19	56	28	4
66	450	ELEANOR CONNELLY	F	FV40	MARPLE RUNNERS	00:35:33	00:35:26	10	2	1
67	423	HARRY MCAULEY	M	MSEN		00:35:42	00:35:42	57	29	
68	62	THOMAS HAIGH	M	MV45	MONTON RUNNERS	00:35:47	00:35:43	58	8	2
69	273	HELEN BERRY	F	FSEN	PRESTWICH AC	00:35:54	00:35:43	11	7	3
70	87	JOSEPH CAPSTICK	M	MSEN		00:35:55	00:35:48	59	30	
71	175	SEAN BELL	M	MSEN		00:36:01	00:35:53	60	31	
72	317	RUSSELL JONES	M	MV40	STYAL RUNNING CLUB	00:36:03	00:35:57	61	8	1
73	318	KATE STUART	F	FSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:36:04	00:35:59	12	8	1
74	157	CARL BRADDOCK	M	MV60	DAVENPORT RUNNERS	00:36:06	00:36:05	62	3	1
75	200	DANNY FEGAN	M	MV55	ST HELENS STRIDERS	00:36:11	00:36:00	63	6	1

76	375	MARK BOUSIE	M	MV45	STOCKPORT HARRIERS & AC	00:36:13	00:36:07		64	9	2
77	425	DAN WOLSTENHOLME	M	MSEN	TTT RUN CLUB	00:36:22	00:36:00		65	32	1
78	311	RACHEL ALVES	F	FV45	MILE SHY CLUB	00:36:23	00:36:19	13		2	1
79	80	ANDREW WOOD	M	MSEN	SWINTON RUNNING CLUB	00:36:25	00:36:18		66	33	1
80	335	JOSH PORTER	M	MSEN		00:36:35	00:36:25		67	34	
81	409	REBEKAH LIVSEY	F	FSEN	STOCKPORT HARRIERS & AC	00:36:43	00:36:38	14		9	1
82	466	GEORGE GILL	M	MSEN		00:36:45	00:36:32		68	35	
83	160	STEF DRAKOPOULOS	M	MV50		00:36:46	00:36:24		69	7	
84	447	COLIN GALLIMORE	M	MV45		00:36:46	00:36:25		70	10	
85	149	PHIL WILCOXON	M	MV65	BELLE VUE RACERS	00:36:50	00:36:44		71	2	2
86	103	DANIEL SHAW	M	MV50		00:36:51	00:36:44		72	8	
87	312	CLAIRE SKEA	F	FSEN	WIDNES RUNNING CLUB	00:36:58	00:36:49	15		10	1
88	334	IMOGEN MAYO	F	FSEN	MONTON RUNNERS	00:37:08	00:36:58	16		11	1
89	88	MIKE HODSON	M	MV50	BRAMHALL RUNNERS	00:37:10	00:37:06		73	9	3
90	391	ROBIN SQUIRES	M	MV55	LONELY GOAT RC	00:37:13	00:37:08		74	7	1
91	346	PAUL HAMMERSLEY	M	MV45		00:37:16	00:37:09		75	11	
92	432	CASSIE SEYMOUR	F	FSEN	LIVERPOOL RUNNING BUGS	00:37:26	00:37:16	17		12	1
93	31	JOHN RICHARDS	M	MV45		00:37:27	00:37:26		76	12	
94	261	HARRIET KIRBY	F	FSEN	PRESTWICH AC	00:37:30	00:37:24	18		13	4
95	5	LEWIS NELSON	M	MSEN		00:37:32	00:37:19		77	36	
96	104	LESLEY SINCLAIR	F	FV60	STOCKPORT HARRIERS & AC	00:37:34	00:37:27	19		1	2
97	430	JOE PHOENIX	M	MSEN		00:37:40	00:37:30		78	37	
98	464	PAUL STANSBURY	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:37:44	00:37:34		79	10	1
99	189	CAROLYN CULLEN	F	FV45		00:37:48	00:37:41	20		3	
100	349	RYAN PADEN	M	MSEN	LIVERPOOL RUNNING BUGS	00:37:49	00:37:39		80	38	5
101	94	STEPHEN MR STEPHEN ATKINSON	M	MV55		00:37:50	00:37:45		81	8	
102	78	CHRIS PICKERING	M	MSEN	MONTON RUNNERS	00:37:53	00:37:42		82	39	3
103	174	ANDREW BUTHFER	M	MV55	BELLE VUE RACERS	00:37:54	00:37:51		83	9	3
104	378	CHRIS HESKETH	M	MSEN	BELLE VUE RACERS	00:37:55	00:37:49		84	40	4
105	329	JONATHAN KEAY	M	MV45	TOTAL RUN TRAINING	00:38:02	00:37:41		85	13	1
106	310	AARON WILSON	M	MSEN	LIVERPOOL RUNNING BUGS	00:38:03	00:37:40		86	41	6
107	280	ANDREW HAUGHTON	M	MV50		00:38:04	00:38:00		87	11	
108	125	CONOR MAGEE	M	MSEN		00:38:07	00:37:58		88	42	
109	308	TRACEY CARR	F	FV60	LIVERPOOL RUNNING BUGS	00:38:12	00:38:05	21		2	2
110	453	MICHAEL CONNELLY	M	MV45	MARPLE RUNNERS	00:38:13	00:38:04		89	14	1
111	67	JOSH MCALLISTER	M	MSEN		00:38:17	00:38:02		90	43	
112	192	PETER TASKER	M	MV40	PRESTWICH AC	00:38:23	00:38:14		91	9	8
113	135	STEVE WILDE	M	MV45		00:38:26	00:38:09		92	15	

114	190	CAROLINE BROWN	F	FV55	WIGAN & DISTRICT H & AC	00:38:26	00:38:12	22	1	1
115	424	MICHELLE NEWALL	F	FV45	WINSTON RUNNERS	00:38:27	00:38:12	23	4	1
116	14	ANDY FOWLER	M	MV55		00:38:32	00:38:24	93	10	
117	116	ATALIS ZOLANA	M	MSEN		00:38:35	00:38:27	94	44	
118	290	EMMA NUNNERLEY	F	FV45	LYMM RUNNERS	00:38:36	00:38:27	24	5	1
119	403	JENNIFER HELM	F	FV45	PRESTWICH AC	00:38:45	00:38:34	25	6	5
120	168	PAUL STEWART	M	MV55	HYDE VILLAGE STRIDERS	00:38:57	00:38:36	95	11	2
121	384	ADAM LEONARD	M	MSEN		00:38:59	00:38:50	96	45	
122	184	PAUL WOOD	M	MV70	LONELY GOAT RC	00:39:03	00:38:47	97	1	2
123	394	TIM PEARSON	M	MV50	WATER STATION AHEAD	00:39:09	00:38:51	98	12	1
124	438	MICHAEL CURRY	M	MV60		00:39:09	00:38:46	99	4	
125	201	NICOLA SMITH	F	FSEN	DAVENPORT RUNNERS	00:39:12	00:38:57	26	14	1
126	441	TIM RAYNOR	M	MV60	LIVERPOOL RUNNING BUGS	00:39:15	00:38:46	100	5	7
127	231	SARAH COOK	F	FV45	MARPLE RUNNERS	00:39:20	00:39:12	27	7	2
128	219	JAKE HUGHES	M	MSEN		00:39:24	00:39:12	101	46	
129	128	LEE OGDEN	M	MSEN		00:39:25	00:39:16	102	47	
130	239	OLIVIA HUGHES	F	FSEN		00:39:25	00:39:21	28	15	
131	415	HAYLEY LYON	F	FSEN		00:39:26	00:38:59	29	16	
132	328	MICHAEL OLDLAND	M	MV40		00:39:27	00:39:17	103	10	
133	145	JOSHUA BLAKELEY	M	MSEN		00:39:27	00:39:13	104	48	
134	399	GEORGE SOLOMON	M	MSEN		00:39:28	00:39:17	105	49	
135	458	KATHERINE HUGHES	F	FV45	LIVERPOOL RUNNING BUGS	00:39:29	00:39:06	30	8	3
136	187	PAT DONOHOE	M	MV60		00:39:35	00:39:24	106	6	
137	437	GRAEME JACKSON	M	MV50	WINTON CC	00:39:46	00:39:36	107	13	1
138	417	STEPHEN JONES	M	MV65	THE CLIQUE	00:39:47	00:39:40	108	3	1
139	397	TOM WOODS	M	MSEN	LEVENSHULME RUNNERS	00:39:49	00:39:29	109	50	1
140	321	EMMA SMITH	F	FSEN		00:39:54	00:39:47	31	17	
141	244	JADE LYONS	F	FV40		00:39:55	00:39:50	32	3	
142	396	HELEN LEUNG	F	FV45	PRESTWICH AC	00:39:56	00:39:42	33	9	6
143	421	SAMUEL CRAWSHAW	M	MV45	LEVENSHULME RUNNERS	00:40:02	00:39:41	110	16	2
144	445	SIMON FINNIGAN	M	MV55		00:40:04	00:39:58	111	12	
145	428	BRUCE MARTIN	M	MV50	LIVERPOOL RUNNING BUGS	00:40:13	00:40:03	112	14	8
146	316	ALLISON KIRKBRIDE	F	FV55	STYAL RUNNING CLUB	00:40:14	00:40:01	34	2	1
147	191	CHRIS BROWN	M	MV55		00:40:18	00:40:00	113	13	
148	412	CONNOR CARTER	M	MSEN		00:40:22	00:40:10	114	51	
149	91	STEVE DANIELS	M	MV50	TWISTED RUNNING	00:40:24	00:40:19	115	15	1
150	165	JACOB SLINGER	M	MSEN		00:40:25	00:39:43	116	52	
151	451	RYAN FISK	M	MSEN		00:40:30	00:39:51	117	53	

152	195	KEITH SMITH	M	MV55		00:40:34	00:40:21		118	14	
153	332	PAUL MATHER	M	MSEN		00:40:41	00:40:30		119	54	
154	178	DENNIS YARWOOD	M	MV55	SPECTRUM STRIDERS	00:40:47	00:40:25		120	15	1
155	392	OLIVIA HUGHES	F	FSEN		00:40:53	00:40:41	35		18	
156	176	SHEILA JONES	F	FV70	RADCLIFFE AC	00:40:55	00:40:32	36		1	1
157	358	MICHELE READITT	F	FV60	BRAMHALL RUNNERS	00:40:56	00:40:41	37		3	1
158	213	LIAM SHAW	M	MSEN		00:40:59	00:40:34		121	55	
159	171	AMBER NIKOLICH	F	FSEN		00:41:07	00:40:57	38		19	
160	46	SIMON RUSHTON	M	MV60	MARPLE RUNNERS	00:41:07	00:40:56		122	7	2
161	350	LORNA KERFOOT	F	FV45		00:41:07	00:40:54	39		10	
162	112	CHARLOTTE HICKMAN	F	FSEN	CAMBRIDGE & COLERIDGE AC	00:41:10	00:40:59	40		20	1
163	247	SARAH FOREMAN	F	FSEN	SWINTON RUNNING CLUB	00:41:15	00:41:00	41		21	1
164	320	PAUL BLACK	M	MV55	SWINTON RUNNING CLUB	00:41:15	00:41:01		123	16	2
165	163	ALEXANDER ALLWOOD	M	MSEN		00:41:18	00:40:34		124	56	
166	232	ALEX BRADY	M	MSEN		00:41:18	00:41:06		125	57	
167	54	ROBERT WASON	M	MV60		00:41:20	00:41:10		126	8	
168	51	HELEN CROFT	F	FV50	BRAMHALL RUNNERS	00:41:22	00:41:13	42		2	2
169	296	MARK WAINWRIGHT	M	MV60	RAMSBOTTOM RUNNING CLUB	00:41:27	00:41:12		127	9	1
170	6	LINDSEY FARRELLY	F	FV45	MANCHESTER HARRIERS & AC	00:41:30	00:41:13	43		11	1
171	287	DANIEL HUNT	M	MV45		00:41:31	00:41:06		128	17	
172	133	ANDREW NOTLEY	M	MV60		00:41:38	00:41:34		129	10	
173	452	GEORGE WILLIAMS	M	MV75		00:41:44	00:41:18		130	1	
174	420	ADRIAN PRIDGEON	M	MV40	LIVERPOOL RUNNING BUGS	00:41:54	00:41:40		131	11	9
175	344	EMMA HART	F	FSEN	LIVERPOOL RUNNING BUGS	00:41:57	00:41:28	44		22	4
176	398	JENNY WOODS	F	FSEN	LEVENSHULME RUNNERS	00:42:03	00:41:44	45		23	1
177	41	ROBERT JONES	M	MSEN		00:42:11	00:41:54		132	58	
178	371	HELEN BEECH	F	FV40	TRAWDEN ATHLETIC CLUB	00:42:13	00:42:03	46		4	1
179	65	DAVID NOBLE	M	MV40		00:42:17	00:42:12		133	12	
180	177	SIMONE PRESSMAN	F	FV45	PRESTWICH AC	00:42:25	00:42:02	47		12	7
181	369	DALE RICHARDS	M	MV45		00:42:29	00:41:58		134	18	
182	202	JACK MUSKETT	M	MSEN	DAVENPORT RUNNERS	00:42:31	00:42:16		135	59	2
183	81	JAMES BROADBENT	M	MV55		00:42:41	00:42:29		136	17	
184	161	LUKA DRAKOPOULOS	M	MSEN		00:42:43	00:42:21		137	60	
185	56	LAURA BAILEY	F	FSEN	CONGLETON HARRIERS	00:42:43	00:42:25	48		24	1
186	164	HELEN LOGAN	F	FSEN		00:42:44	00:42:00	49		25	
187	454	MATTHEW ANTHONY CONDRON	M	MV45	SWINTON RUNNING CLUB	00:42:49	00:42:35		138	19	3
188	223	GLYN WILLIAMS	M	MV55	PRESTWICH AC	00:42:49	00:42:01		139	18	9
189	277	DAWN FREILINGER	F	FV50	SWINTON RUNNING CLUB	00:42:50	00:42:36	50		3	2

190	462	JADWIGA WASILEWSKA	F	FSEN	VALE OF YORK ATHLETIC COMMUNITY	00:42:53	00:42:32	51		26	1
191	410	TERRY KEATING	M	MV55	PRESTWICH AC	00:42:58	00:42:26		140	19	10
192	322	NINA RABBITT	F	FSEN	CHORLTON RUNNERS	00:42:58	00:42:25	52		27	2
193	291	ANNE MARIE LORD	F	FV55	ROYTON ROAD RUNNERS	00:43:01	00:42:43	53		3	1
194	23	ANGELA DEBBAGE	F	FV60	WATERSIDE RUN CLUB	00:43:07	00:42:42	54		4	1
195	301	ASHLEY CLIFFE	M	MV55	MARPLE RUNNERS	00:43:08	00:42:59		141	20	3
196	25	NILOUFAR GERAMIPOUR	F	FSEN	SPORTS FEET	00:43:19	00:42:41	55		28	1
197	377	AMELIA PERCIVAL	F	FV60	PRESTWICH AC	00:43:22	00:42:57	56		5	8
198	226	ELLIE DOUGLAS	F	FSEN	PRESTON HARRIERS	00:43:28	00:43:14	57		29	1
199	131	KATIE PIGGOTT	F	FSEN		00:43:33	00:43:12	58		30	
200	117	CHRISTI ZOLANA	M	MSEN		00:43:36	00:43:28		142	61	
201	281	MICHAEL PERCIVAL	M	MV60	PRESTWICH AC	00:43:39	00:43:13		143	11	11
202	140	NICK STACEY	M	MSEN		00:43:43	00:43:23		144	62	
203	327	ANGELA OLDLAND	F	FV40		00:43:45	00:43:34	59		5	
204	330	ROG HILDRETH	M	MV40	MOOR ROAD RUNNERS	00:43:55	00:43:36		145	13	1
205	422	JAMES MCAULEY	M	MSEN		00:43:59	00:43:48		146	63	
206	48	ANNA ASHTON	F	FV65	MARPLE RUNNERS	00:44:03	00:43:53	60		1	3
207	212	RUTH HEWITT	F	FV45	LIVERPOOL RUNNING BUGS	00:44:03	00:43:39	61		13	5
208	313	SARAH BULLOCK	F	FV45	SWINTON RUNNING CLUB	00:44:05	00:43:45	62		14	3
209	393	RONA MACKENZIE	F	FSEN	DIDSBURY RUNNERS	00:44:05	00:43:32	63		31	1
210	304	URSULA NORMAN	F	FV45		00:44:09	00:43:39	64		15	
211	205	ELLEN COX	F	FSEN	MILE SHY CLUB	00:44:11	00:43:54	65		32	2
212	36	VANESSA CONNOLLY	F	FV40		00:44:13	00:43:54	66		6	
213	254	KAREN DOHERTY	F	FV50	RADCLIFFE AC	00:44:17	00:43:53	67		4	2
214	449	AMANDA RAFFERTY	F	FSEN	SWINTON RUNNING CLUB	00:44:18	00:43:46	68		33	4
215	374	KIT CLAXTON	M	MV50	LIVERPOOL RUNNING BUGS	00:44:18	00:43:52		147	16	10
216	105	CLAIR BOARDMAN	F	FV45	MILE SHY CLUB	00:44:19	00:44:01	69		16	3
217	353	ANDREW DUFFY	M	MV60		00:44:20	00:44:08		148	12	
218	429	LUKE ANDERSON	M	MSEN		00:44:22	00:44:07		149	64	
219	209	JOHN SZUBERT	M	MSEN	RADCLIFFE AC	00:44:24	00:43:57		150	65	1
220	302	JOANNE HOUGHTON	F	FV55	PRESTWICH AC	00:44:24	00:43:52	70		4	9
221	173	NICOLA PIERCE	F	FV50	WEST END RUNNERS	00:44:27	00:43:55	71		5	1
222	40	SARAH JONES	F	FSEN		00:44:30	00:44:13	72		34	
223	194	GARY COXON	M	MV65	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:44:38	00:44:24		151	4	3
224	337	CHRIS LOCKE	M	MSEN		00:44:46	00:44:09		152	66	
225	224	HELEN MOORE	F	FV55	WIDNES WASPS LADIES R C	00:44:48	00:44:29	73		5	1
226	455	CATHERINE ISAAC	F	FV50	PRESTWICH AC	00:44:50	00:44:18	74		6	10
227	359	MADDY SMITH	F	FSEN		00:44:52	00:44:45	75		35	

228	439	KEVIN MAHER	M	MV55		00:44:54	00:44:21		153	21	
229	343	DAVID CASEY	M	MV50		00:44:55	00:44:22		154	17	
230	348	CHARLOTTE SYKES	F	FSEN	DIDSBURY RUNNERS	00:45:00	00:44:28	76		36	2
231	338	LISA OTTIVELL	F	FV50		00:45:02	00:44:32	77		7	
232	433	JULIE HAMILTON	F	FV45		00:45:03	00:44:32	78		17	
233	8	CATHERINE POOLE	F	FV50	MANCHESTER HARRIERS & AC	00:45:04	00:44:47	79		8	2
234	7	ANN MCLAUGHLIN	F	FV60	MANCHESTER HARRIERS & AC	00:45:06	00:44:42	80		6	3
235	50	SHARON WOODS	F	FV55	HYDE VILLAGE STRIDERS	00:45:06	00:44:50	81		6	1
236	309	KIERON CARR	M	MV50	LIVERPOOL RUNNING BUGS	00:45:07	00:44:44		155	18	11
237	345	COLIN MCCORMICK	M	MV40	LIVERPOOL RUNNING BUGS	00:45:08	00:44:42		156	14	12
238	461	IAIN LINDLEY	M	MV40	MONTON RUNNERS	00:45:17	00:45:06		157	15	4
239	460	HAYLEY STEPHENSON	F	FSEN		00:45:18	00:44:56	82		37	
240	413	DANIELLE CRUMP	F	FSEN	MONTON RUNNERS	00:45:29	00:45:16	83		38	2
241	385	SIMON BOYLE	M	MV50		00:45:33	00:45:18		158	19	
242	255	OMAL JAYAWARDENA	M	MSEN	MONTON RUNNERS	00:45:36	00:45:21		159	67	5
243	238	JAMIE STEWART	M	MSEN	LIVERPOOL RUNNING BUGS	00:45:41	00:45:16		160	68	13
244	42	LAURA HENDERSON	F	FSEN		00:45:52	00:45:34	84		39	
245	75	NATALIE HALLIWELL	F	FSEN		00:45:59	00:45:32	85		40	
246	129	MATTHEW DEEGAN	M	MSEN		00:46:00	00:45:51		161	69	
247	76	LINDSAY HALLIWELL	F	FV50		00:46:02	00:45:37	86		9	
248	68	KEITH GAVAN	M	MV60	PARR BRIDGE RUNNERS	00:46:06	00:45:47		162	13	2
249	366	ROGER BLACKBURN	M	MV50		00:46:06	00:45:44		163	20	
250	60	KIERAN DELANEY	M	MV40		00:46:16	00:45:55		164	16	
251	18	EMMA BURNETT	F	FSEN		00:46:23	00:46:03	87		41	
252	20	MATTHEW BURNETT	M	MSEN		00:46:23	00:46:03		165	70	
253	19	MARK COSTELLO	M	MSEN		00:46:23	00:46:03		166	71	
254	298	JANET HARDWICK	F	FV65	PRESTWICH AC	00:46:29	00:45:57	88		2	11
255	93	TONY HILLIER	M	MV75	STOCKPORT HARRIERS & AC	00:46:32	00:46:23		167	2	3
256	352	MERRIE BARNET	F	FSEN		00:46:35	00:46:15	89		42	
257	26	LAUREN ACTON	F	FSEN	SPORTS FEET	00:46:45	00:46:08	90		43	2
258	115	MICHAEL WATSON	M	MV55	MILE SHY CLUB	00:46:46	00:46:23		168	22	1
259	86	KATHRYN THOMAS	F	FV60		00:47:10	00:46:32	91		7	
260	85	DANIEL THOMAS	M	MSEN		00:47:10	00:46:32		169	72	
261	79	JENNY CASTLE	F	FV45		00:47:14	00:46:51	92		18	
262	228	MICHAEL HALL	M	MV60	HOLMFIRTH HARRIERS AC	00:47:16	00:46:44		170	14	1
263	457	LINDA WIBBERLEY	F	FV40	LIVERPOOL RUNNING BUGS	00:47:17	00:46:53	93		7	6
264	351	OLIVER BROWN	M	MSEN		00:47:21	00:47:01		171	73	
265	459	KERRIE YATES	F	FV45	LIVERPOOL RUNNING BUGS	00:47:22	00:46:56	94		19	7

266	58	MIKE WILCOCK	M	MV40		00:47:23	00:46:40		172	17	
267	106	AMANDA BISHOP	F	FSEN	BRAMHALL RUNNERS	00:47:26	00:47:13	95		44	3
268	111	JUSTIN COLEMAN	M	MV50	SWINTON RUNNING CLUB	00:47:36	00:47:14		173	21	4
269	77	JON CHILTON	M	MV55		00:47:38	00:47:11		174	23	
270	382	MARTIN BATES	M	MV65	WESHAM ROAD RUNNERS & AC	00:47:40	00:47:22		175	5	1
271	336	ANTHONY LOCKE	M	MV70	WILMSLOW STRIDERS	00:47:42	00:47:05		176	2	1
272	16	JANE CHEETHAM	F	FV55	SPORTS FEET	00:47:47	00:47:19	96		7	3
273	288	JOANNE LEAH	F	FV50		00:47:48	00:47:18	97		10	
274	148	SALLY CHEETHAM	F	FV55	BELLE VUE RACERS	00:47:49	00:47:41	98		8	1
275	233	JOANNE READY	F	FV55		00:47:53	00:47:34	99		9	
276	240	LAURA HAUGH	F	FSEN	LIVERPOOL RUNNING BUGS	00:47:53	00:47:28	100		45	8
277	167	JESSICA STEWART	F	FSEN	HYDE VILLAGE STRIDERS	00:47:59	00:47:36	101		46	2
278	347	ANDREW RUDDER	M	MV55		00:48:00	00:47:51		177	24	
279	74	ASHLEY WOODACRE	F	FSEN		00:48:08	00:47:52	102		47	
280	217	IZZY MAINPRIZE	F	FSEN		00:48:10	00:47:31	103		48	
281	83	JONATHAN HILL	M	MV40		00:48:10	00:47:33		178	18	
282	72	IAN GILANI	M	MV50		00:48:14	00:47:56		179	22	
283	467	CARL PARTINGTON	M	MV55	MONTON RUNNERS	00:48:16	00:47:45		180	25	6
284	274	ADAM BOLTON	M	MV45	RAMSBOTTOM RUNNING CLUB	00:48:22	00:47:56		181	20	2
285	271	ZOE RALPH	F	FV45		00:48:22	00:48:08	104		20	
286	407	SHAHINA ALVI	F	FV45	MILE SHY CLUB	00:48:26	00:48:09	105		21	4
287	172	SARAH RUSSELL	F	FV45	STOCKPORT HARRIERS & AC	00:48:28	00:48:12	106		22	3
288	427	RORY MURPHY	M	MSEN		00:48:29	00:48:14		182	74	
289	416	SALLY JONES	F	FV55	THE CLIQUE	00:48:32	00:48:24	107		10	1
290	222	EMMA CLARK	F	FV40	PRESTWICH AC	00:48:36	00:48:04	108		8	12
291	150	DAVID SCOTT	M	MV50		00:48:43	00:48:20		183	23	
292	331	NEIL REYNOLDS	M	MV55		00:48:50	00:48:22		184	26	
293	166	JENNY STEWART	F	FV45	HYDE VILLAGE STRIDERS	00:48:51	00:48:29	109		23	3
294	120	LEE STOTT	M	MV50		00:48:53	00:48:12		185	24	
295	84	KATHLEEN THOMAS	F	FSEN		00:48:53	00:48:17	110		49	
296	180	TRACY LIVESEY	F	FV55	MANCHESTER HARRIERS & AC	00:48:53	00:48:29	111		11	4
297	121	AMANDA O'BRIEN	F	FV55		00:49:02	00:48:48	112		12	
298	367	SARA CASSIDY	F	FV45	DRAGONS RUNNING CLUB (SALE)	00:49:08	00:48:49	113		24	1
299	408	GREG STEPHENS	M	MV45	WIDNES RUNNING CLUB	00:49:08	00:48:52		186	21	1
300	198	PHILIP JAMES SIMPSON	M	MV50	TRAWDEN ATHLETIC CLUB	00:49:10	00:48:57		187	25	1
301	179	NIKKI BURGESS	F	FV55	MANCHESTER HARRIERS & AC	00:49:10	00:48:46	114		13	5
302	44	ROSY HICKMAN	F	FV60	SPORTS FEET	00:49:15	00:49:03	115		8	4
303	34	MALCOLM ADAMS	M	MV70	SPORTS FEET	00:49:18	00:48:51		188	3	1

304	354	ALAN JACKSON	M	MV75		00:49:20	00:49:06	189	3	
305	137	ALISON JOHNSON	F	FV55	PARR BRIDGE RUNNERS	00:49:25	00:49:01	116	14	1
306	434	ELLA DAWSON	F	FSEN		00:49:38	00:49:09	117	50	
307	124	JAKE FLINT	M	MSEN		00:49:38	00:49:19		190	75
308	357	BEN JENKINS	M	MSEN	SPORTS FEET	00:49:52	00:49:10		191	76
309	92	AMANDA GERRIE	F	FV50		00:49:57	00:49:41	118	11	
310	215	STEPHEN BROOK	M	MV75	QUEENSBURY RUNNING CLUB	00:50:02	00:49:50		192	4
311	404	JANE DENNISON	F	FV40	MILE SHY CLUB	00:50:09	00:49:38	119	9	5
312	235	SARAH GREGORY	F	FV55	MILE SHY CLUB	00:50:15	00:49:41	120	15	6
313	102	LOUISE SHAW	F	FV45		00:50:16	00:49:35	121	25	
314	181	RHIAN WOOD	F	FSEN	MILE SHY CLUB	00:50:17	00:49:59	122	51	7
315	39	DAVE TROWSE	M	MV60	SPORTS FEET	00:50:23	00:49:55		193	15
316	267	PHIL THORP	M	MV65	LIVERPOOL RUNNING BUGS	00:50:34	00:49:50		194	6
317	147	DEBRA NIXON	F	FV55		00:50:35	00:50:13	123	16	
318	169	ANDY TURNER	M	MV55	BRAMHALL RUNNERS	00:50:35	00:50:15		195	27
319	218	NICHOLA COOKE	F	FV40	PRESTWICH AC	00:50:37	00:50:05	124	10	13
320	395	RACHEL GARNER	F	FV50	PRESTWICH AC	00:50:38	00:50:05	125	12	14
321	270	KAT DOWNS	F	FV45		00:50:48	00:50:34	126	26	
322	35	JOHN BASING	M	MV65	BELLE VUE RACERS	00:50:51	00:50:26		196	7
323	324	CAROL RICHARDSON	F	FV60	BURNDEN ROAD RUNNERS	00:50:53	00:50:29	127	9	1
324	73	SADIA GILANI	F	FV45		00:51:02	00:50:45	128	27	
325	365	STEVEN RANDALL	M	MV45		00:51:04	00:50:28		197	22
326	444	JULIE SMITH	F	FV55	ROCHDALE HARRIERS & AC	00:51:10	00:50:55	129	17	1
327	341	TOM JOHNSTON	M	MV50		00:51:11	00:50:47		198	26
328	154	ELAINE GUNDERSEN	F	FV45	MILE SHY CLUB	00:51:14	00:50:41	130	28	8
329	182	LISA KENNEDY	F	FV55	HYDE VILLAGE STRIDERS	00:51:18	00:50:37	131	18	4
330	155	LAI MING LAM	F	FV40	MILE SHY CLUB	00:51:21	00:50:47	132	11	9
331	96	SARAH GWINNETT	F	FV45	SPORTS FEET	00:51:25	00:50:58	133	29	5
332	82	CAROL HALFORD	F	FV55		00:51:58	00:51:45	134	19	
333	193	JOANNE TASKER	F	FV40	PRESTWICH AC	00:51:59	00:51:17	135	12	15
334	333	EMILY LANGFELD	F	FSEN		00:51:59	00:51:22	136	52	
335	303	LAURA CLORAN	F	FSEN		00:52:01	00:51:28	137	53	
336	229	JOSIE DIXON	F	FSEN		00:52:01	00:51:28	138	54	
337	38	RODGER BOOTHMAN	M	MV65	HEALD GREEN RUNNERS	00:52:05	00:51:39		199	8
338	122	NICOLA STEELE	F	FV40		00:52:08	00:51:27	139	13	
339	21	LISA SMITH	F	FV45		00:52:20	00:52:00	140	30	
340	368	OLIVIA HIRST-WHYATT	F	FSEN	PRESTWICH PLODDERS	00:52:22	00:51:36	141	55	1
341	207	GILES BENNETT	M	MV55	UKRUNCHAT RUNNING CLUB	00:52:26	00:51:46		200	28

342	300	REENA DHOPATE	F	FV45	LIVERPOOL RUNNING BUGS	00:52:43	00:52:17	142	31	9
343	22	SUSIE GODDARD	F	FV65	SPORTS FEET	00:52:51	00:52:25	143	3	6
344	27	DI ACTON	F	FV65	SPORTS FEET	00:53:00	00:52:20	144	4	7
345	446	AMY HADJINICOLAOU	F	FSEN		00:53:08	00:52:34	145	56	
346	156	CHRISTINA BRADDOCK	F	FV55	DAVENPORT RUNNERS	00:53:09	00:52:33	146	20	2
347	70	JOI AMOS	F	FSEN		00:53:18	00:52:49	147	57	
348	2	TONY LUNT	M	MV40		00:53:23	00:52:53	201	19	
349	1	PETE WINROW	M	MV40		00:53:24	00:52:54	202	20	
350	400	CHERYL LOVETT	F	FSEN		00:53:24	00:52:43	148	58	
351	71	STEPHEN RUFFLEY	M	MV60	LEIGH HARRIERS & AC	00:53:24	00:52:35	203	16	1
352	59	SARAH CONGDON	F	FV40		00:53:25	00:52:42	149	14	
353	364	MICHELLE STEER	F	FV55	VEGAN RUNNERS UK	00:53:26	00:52:48	150	21	1
354	63	STU WILSON	M	MV45	MONTON RUNNERS	00:53:28	00:52:57	204	23	7
355	208	HANNAH WINTLE	F	FSEN	MONTON RUNNERS	00:53:29	00:53:14	151	59	3
356	381	KATHLEEN WHITEHURST	F	FV45	LIVERPOOL RUNNING BUGS	00:53:29	00:52:49	152	32	10
357	361	VICKI SYMES	F	FV45		00:53:30	00:52:45	153	33	
358	101	WENDY HIRST	F	FV60	HYDE VILLAGE STRIDERS	00:53:46	00:53:05	154	10	5
359	170	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	00:53:53	00:53:19	155	13	4
360	12	JOANNE MELLOR	F	FV60	PRESTWICH PLODDERS	00:53:58	00:53:23	156	11	2
361	13	DAVID LUCY	M	MV55	SANDBACH STRIDERS	00:53:59	00:53:23	205	29	1
362	319	JACK LYON	M	MSEN		00:54:04	00:53:37	206	77	
363	276	FREYA GODDARD	F	FSEN		00:54:16	00:53:39	157	60	
364	275	KIRSTY GODDARD	F	FV45	MILE SHY CLUB	00:54:17	00:53:41	158	34	10
365	3	BOB JONES	M	MV65	MARPLE RUNNERS	00:54:21	00:53:48	207	9	4
366	186	TRACY RANDALL	F	FV45		00:54:24	00:53:47	159	35	
367	47	MARIA RUSHTON	F	FV60	MARPLE RUNNERS	00:54:24	00:53:50	160	12	4
368	372	ALISON RANDALL	F	FV50	MILE SHY CLUB	00:54:29	00:53:53	161	14	11
369	203	NICOLA HESKETH	F	FSEN		00:54:30	00:54:13	162	61	
370	52	STEVE MCWILLIAMS	M	MV65	SPORTS FEET	00:54:34	00:54:06	208	10	4
371	66	ZOE PARKEY	F	FV55	SPORTS FEET	00:54:34	00:54:07	163	22	8
372	214	VICTORIA TURNER	F	FV45		00:54:41	00:53:57	164	36	
373	294	CARL RAYNER	M	MV45		00:54:41	00:53:57	209	24	
374	4	ANN MARSHALL	F	FV65	MARPLE RUNNERS	00:54:43	00:54:08	165	5	5
375	45	CAROLINE BELL	F	FV60	MARPLE RUNNERS	00:54:46	00:54:10	166	13	6
376	9	ALAN ROBERTS	M	MV70		00:54:52	00:54:15	210	4	
377	315	HANNAH BENTLEY	F	FSEN		00:55:01	00:54:27	167	62	
378	206	STACEY HOLMES	F	FV40	HYDE VILLAGE STRIDERS	00:55:01	00:54:23	168	15	6
379	64	BOB BROUGHTON	M	MSEN	MONTON RUNNERS	00:55:04	00:54:26	211	78	8

380	390	NICOLA SHARRATT	F	FV50		00:55:11	00:54:42	169	15	
381	185	JULIA KOVACS	F	FV55		00:55:15	00:54:48	170	23	
382	99	WENDY CORNAH	F	FV55	SPORTS FEET	00:55:18	00:54:36	171	24	9
383	388	RACHEL COLBERT	F	FSEN	23 MILE CLUB	00:55:32	00:55:14	172	63	1
384	389	DANIEL COLBERT	M	MV40		00:55:32	00:55:13		212	21
385	362	SAMANTHA GIBSON	F	FV50		00:55:34	00:54:51	173	16	
386	123	JO FAIRCLOUGH	F	FV45		00:55:36	00:54:56	174	37	
387	98	PHIL BRYAN	M	MV45		00:55:37	00:54:52		213	25
388	436	ZILLAH BROOKS	F	FV50		00:55:37	00:55:03	175	17	
389	253	REBECCA WEDLOCK	F	FSEN		00:55:44	00:54:58	176	64	
390	162	BETH SCHOFIELD	F	FSEN		00:55:59	00:55:14	177	65	
391	448	MARK BENSON	M	MV60	MILE SHY CLUB	00:56:31	00:56:13		214	17
392	230	XIOMARA CABELLO	F	FSEN		00:56:36	00:56:02	178	66	
393	141	MIRANDA WASHINGTON	F	FV55		00:56:45	00:56:15	179	25	
394	142	NEIL BROWNING	M	MV50		00:56:47	00:56:16		215	27
395	225	JESSICA GALLAGHER	F	FSEN	RUNTHEWORLD MCR	00:57:02	00:56:21	180	67	1
396	340	TRACY WROE	F	FV60	RADCLIFFE AC	00:57:04	00:56:17	181	14	3
397	387	PETER HENDERSON	M	MV70		00:57:15	00:56:48		216	5
398	435	ANNA COYLE	F	FSEN		00:57:23	00:56:57	182	68	
399	107	REBECCA FISK	F	FSEN		00:57:23	00:56:45	183	69	
400	339	JAMES FLANAGAN	M	MSEN		00:57:24	00:56:58		217	79
401	108	MOLLIE SINNOTT	F	FSEN		00:57:27	00:56:48	184	70	
402	134	SARA ROBERTS	F	FV45	MONTON RUNNERS	00:57:34	00:56:56	185	38	4
403	380	NIKKI ANDERSON	F	FV55	FORDY RUNS RUNNING CLUB	00:57:39	00:56:54	186	26	1
404	360	KIM TURNER	F	FV45		00:57:47	00:57:02	187	39	
405	69	JULIA COLE	F	FV65		00:57:48	00:57:20	188	6	
406	379	NATALIE REILLY	F	FV55		00:57:48	00:57:03	189	27	
407	286	MIKE DOOLAN	M	MV70		00:57:50	00:57:21		218	6
408	363	LYNNE HARDWICK	F	FV50	RUNTHEWORLD MCR	00:57:54	00:57:13	190	18	2
409	89	SARAH PYE	F	FV40	LIVERPOOL RUNNING BUGS	00:58:02	00:57:22	191	16	11
410	10	ANNE ROBERTS	F	FV65		00:58:03	00:57:27	192	7	
411	241	ANDREA BROWN	F	FV55		00:58:08	00:57:37	193	28	
412	199	JANET QUIGLEY	F	FV55	MILE SHY CLUB	00:58:13	00:57:38	194	29	12
413	248	ZARA PEARSON	F	FSEN	MILE SHY CLUB	00:58:22	00:58:00	195	71	13
414	250	SALLY CUNLIFFE	F	FV55		00:58:27	00:58:02	196	30	
415	151	WENDY YUILLE	F	FV50	DAVENPORT RUNNERS	00:58:48	00:58:09	197	19	3
416	49	SARAH AUSTIN	F	FV45		00:58:51	00:58:23	198	40	
417	152	CAITLIN YUILLE	F	FSEN		00:59:11	00:58:31	199	72	

418	55	DEBBIE BOARDMAN	F	FV55	STOCKPORT HARRIERS & AC	00:59:12	00:58:36	200	31	4
419	119	GABI LIPSHEN	F	FV50	MONTON RUNNERS	00:59:41	00:59:03	201	20	5
420	100	SARAH HASSALL	F	FV55		00:59:50	00:59:09	202	32	
421	227	JANET APPELYARD	F	FV70	OLDHAM & ROYTON H & AC	00:59:58	00:59:17	203	2	1
422	33	CLAIRE MURPHY	F	FV45		01:00:19	00:59:39	204	41	
423	32	KARLA HANCOCK	F	FSEN	SPORTS FEET	01:00:19	00:59:40	205	73	10
424	132	GABRIELLA NOTLEY	F	FSEN		01:00:21	00:59:37	206	74	
425	114	AISHLEEN DAVIES	F	FSEN		01:00:37	00:59:53	207	75	
426	242	EMMA WILSON	F	FSEN	OLDHAM & ROYTON H & AC	01:00:52	01:00:23	208	76	2
427	11	JADE MCWILLIAMS	F	FSEN		01:00:57	01:00:10	209	77	
428	53	AMY HARRIS	F	FSEN		01:00:57	01:00:10	210	78	
429	419	EILEEN TIERNEY	F	FV55		01:01:10	01:00:27	211	33	
430	323	BERNADETTE ROWE	F	FV55		01:01:10	01:00:28	212	34	
431	110	AMANDA COLEMAN	F	FV50	SWINTON RUNNING CLUB	01:01:18	01:00:56	213	21	5
432	283	ANDREA SMETHURST	F	FV60	PRESTWICH PLODDERS	01:01:24	01:00:35	214	15	3
433	307	DIANE CHAPMAN	F	FV60		01:01:27	01:00:38	215	16	
434	246	HARRIET BRADBURN	F	FSEN		01:01:39	01:01:04	216	79	
435	426	CHARLOTTE MURPHY	F	FSEN		01:01:40	01:01:04	217	80	
436	158	SOPHIE HOURIHAN	F	FV50		01:01:41	01:01:05	218	22	
437	292	DAYNA SWINBURNE	F	FSEN		01:02:02	01:01:14	219	81	
438	284	ANGELA FRANCE	F	FV60		01:02:17	01:01:31	220	17	
439	113	TERRIE MOLYNEUX	F	FSEN	PRESTWICH PLODDERS	01:02:41	01:01:56	221	82	4
440	138	REBECCA FAIRCLOUGH	F	FV45		01:03:01	01:02:36	222	42	
441	153	HANNAH HODSON	F	FSEN		01:03:16	01:02:35	223	83	
442	326	JULIAN SACOFSKY	M	MV65	LEVENSHULME RUNNERS	01:03:23	01:02:35	219	11	3
443	325	NAZIA PARVEEN	F	FSEN	LEVENSHULME RUNNERS	01:03:23	01:02:35	224	84	2
444	431	BECCA DAWSON	F	FSEN		01:03:30	01:02:42	225	85	
445	262	YVONNE MARIE JOHNSON	F	FV75	PRESTWICH PLODDERS	01:04:43	01:04:14	226	1	5
446	259	LIN BORKIN	F	FV65		01:04:45	01:04:02	227	8	
447	61	SORAYA KONG	F	FV40		01:05:19	01:04:36	228	17	
448	90	ASHLEIGH TAYLOR	F	FSEN	LIVERPOOL RUNNING BUGS	01:05:24	01:04:42	229	86	12
449	268	GAYNOR CLARKE	F	FV40	FORDY RUNS RUNNING CLUB	01:05:45	01:04:59	230	18	2
450	256	LORRAINE ROGERS	F	FV50	FORDY RUNS RUNNING CLUB	01:05:49	01:05:03	231	23	3
451	299	JACKIE JAMESON	F	FV45	PRESTWICH PLODDERS	01:05:53	01:05:07	232	43	6
452	260	MAUREEN LATCHFORD	F	FV75		01:06:29	01:05:44	233	2	
453	183	JAN MAKINSON	F	FV65		01:06:29	01:05:45	234	9	
454	265	MELANIE RICHARDS	F	FV45		01:08:21	01:07:36	235	44	
455	37	SUZANNE BOOTHMAN	F	FV60	DAVENPORT RUNNERS	01:08:42	01:07:57	236	18	4

456	297	JOANNE MAINPRIZE	F	FV50		01:09:24	01:08:46	237	24	
457	95	HANNAH BEECH	F	FSEN		01:09:38	01:09:09	238	87	
458	144	HEATHER HELMS	F	FSEN	MILE SHY CLUB	01:10:25	01:09:46	239	88	14
459	216	JOANNE WAINWRIGHT	F	FV55	RAMSBOTTOM RUNNING CLUB	01:13:42	01:12:56	240	35	1
460	257	ELIZABETH HEELES	F	FV55		01:22:51	01:22:05	241	36	
461	204	LYNN SHAKESPEARE	F	FV70		01:24:21	01:23:34	242	3	